

USING THE LIBRARY CAN TRIGGER ANXIETY.

Could Social Anxiety explain this effect? Or is Library Anxiety its own special case?

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Library Anxiety

Stems from the belief, particularly of undergraduates, that one's library skills are inadequate compared to those of their peers and that this deficit is something to be ashamed of.

(Mellon, 1986)

Library & Social Anxiety

- Stereotypes may lead one to believe that library use is an individual activity, but it inherently involves participation in a social environment.
- Both constructs involve perfectionism expressed through interpersonal sensitivity and awareness.

(Kumari, Sudhir, & Mariamma, 2012; Onwuegbuzie, Jiao, & Bostick, 2004)

Library & General Anxiety

Additional research needed to confirm connection (or lack thereof).

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Future Research

Correlational study to investigate the relationship between Library, Social, and General Anxieties using:

- (1) The Multidimensional Library Anxiety Scale
- (2) The Beck Anxiety Inventory
- (3) The Social Interaction Anxiety Scale
- (4) The Social Phobia Scale

(Van Kampen, 2004; Beck, et al., 1988; Mattick & Clarke, 1998; Peters, et al., 2012).